IMPACTS

Emotional
Social
Life skills
Musical
Educational
Physical
Protection

www.gcph.co.uk
The Glasgow Centre for Population Health carried out independent research into the benefits of the Big Noise programmes. They found that there are seven main areas of a child’s life that can be positively affected by attending Big Noise:

**EDUCATIONAL**
Concentration, listening, co-ordination, language development, school attendance, school outcomes.

**LIFE SKILLS**
Problem solving, decision-making, creativity, determination, self-discipline, leadership.

**EMOTIONAL**
Happiness, security, pride, self-esteem, emotional intelligence, an emotional outlet, resilience.

**SOCIAL**
Social mixing, social skills, cultural awareness, diverse friendships, strong friendships, support networks.

**MUSICAL**
Strong instrument skills, reading music, performance skills, music career options, access to other music organisations.

**PHYSICAL**
Healthy snacks, opportunities for games/exercise, creating healthy habits for adulthood.

**PROTECTION**
Someone to confide in, calm environment, safe environment, reduced stress.